



Transportation requirement for Endoscopy Center procedures

- You must have a responsible driver (must be at least 18 years of age) to be present during your procedure at Carolina Mountain Gastroenterology Endoscopy Center. They must remain on site during your procedure and drive you home after your procedure.

The sedation may cause conditions that render driving unsafe. The sedation can impair your judgement for several hours.

Since you will be fasting for the procedure, your energy level may be lower on the Procedure day.

You may be slightly dehydrated from the bowel preparation that you will be taking the day prior to your procedure. Your body will need several hours to rebuild its energy level.

Most patients tend to drop their blood pressure to borderline of their usual range after they receive sedation. Standing too long may cause dizziness.

- Failure to have a responsible adult on premises will result in cancelation of your procedure.
- **DO NOT DRIVE** or attempt to operate machinery until the day following your procedure.
- Transportation such as cabs, Ubers or the public bus system is NOT acceptable unless a responsible adult is with you. The driver of these services is not considered the responsible adult.
- If you have transportation needs, please see our website, www.ncdhp.com for a list of transportation services.
- It is crucial for your safety as well as the community to abide by these instructions. If you attempt to drive from the premises after sedation, we are obligated to report this to law enforcement. You are considered impaired, and this is grounds for dismissal from the practice.