



Anorectal Motility

Date of Procedure: _____

Arrival Time: _____

Procedure Location: **Turtle Creek Office**
 15 Turtle Creek Dr.
 Asheville, NC 28803

This procedure generally takes 45 minutes to complete. A certified medical assistant will prepare and explain the procedure to you. Anorectal manometry is a test performed to evaluate patients with constipation or fecal incontinence. This test measures the pressures of the anal sphincter muscles, the sensation in the rectum, and the neural reflexes that are needed for normal bowel movements.

A catheter with a balloon on the end will be inserted into the anus and rectum. A device connected to the catheter that allows a technician to change the pressure in the balloon by inflating and deflating it, usually with air. Computer software connected to the pressure device that controls the test settings and records data from the balloon.

You will be given various commands such as squeeze, relax, push or cough for brief intervals of time.

Several days prior to your procedure:

Purchase two (2) Fleet Enemas at your local drug store.

The day prior to your procedure:

Use one (1) Fleet enema at 7pm.

Day of your procedure:

Use one (1) Fleet enema 2 hours before your arrival time. If you have a long distance to travel to this appointment allow yourself more than 2 hours.