

## **Bravo EGD/Colonoscopy Prep with Colyte (On GI Medications)**

Date of Procedure: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

### **DO NOT FOLLOW THE INSTRUCTIONS ON THE COLYTE CONTAINER**

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apixaban), Aggrenox, Xarelto or Pradaxa (Dabigatran) then ***we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.*** We will contact you once they have responded. Do not stop aspirin for the procedure.

**FOUR DAYS BEFORE PROCEDURE:** Discontinue eating any foods with seeds, nuts, fruit or vegetables with skin and corn. Also avoid multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician). Continue taking your acid reflux medications.

[ ] ***If your physician has recommended that you take Miralax in addition to the Colyte*** solution prior to procedure, due to a history of severe constipation or other medical indication, you will need to purchase Miralax 119 gram bottle and take 17 grams (one capful) of Miralax in 8 oz of water twice a day, beginning 3 days prior to procedure.

**ONE DAY BEFORE PROCEDURE:** Clear liquids such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water are allowed. NO SOLID FOOD OR MILK PRODUCTS.

***Diabetics: Insulin Pump – Follow instructions from Endocrinologist***

***Oral Diabetic or Insulin Dependent – Take half of your normal dose unless otherwise instructed.***



***5:00 P.M. Add water to the top line of the container. Replace cap and shake until dissolved. Drink 1 glass of solution every 10-15 minutes until you drink half the gallon. Place remainder in refrigerator.***

***\*\*\*Bowel movements usually start within 1-2 hours after you begin drinking and can continue 1-2 hours after you finish.\*\*\****

### **DAY OF PROCEDURE:**

- 6 hours before your procedure discontinue all forms of tobacco products.
- ***5 hours before you leave home, drink the remaining Colyte solution, one glass every 10-15 minutes. The last glass must be completed at least 3 hours prior to procedure time.***
- You may have clear liquids, gum and hard candy up to 3 hours before your procedure.

***\*\*IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM 3 HOURS PRIOR TO YOUR PROCEDURE TIME.***

***\*\*IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU.***

***\*\*DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE.***