

Fibroscan Patient Education & Preparation

Appointment Date: _____

Procedure Time: _____ *****Please arrive 30 minutes prior to your procedure time*****

What Is This Test?

Fibroscan is a quick, painless imaging test that helps assess your liver health. It works similar to an ultrasound, using sound waves to measure the stiffness and fat content of your liver.

This test helps your provider evaluate conditions such as fatty liver disease, liver scarring (fibrosis), or chronic liver conditions.

The exam takes about 15 minutes and does not require recovery time.

What to Expect

You will lie comfortably on an exam table with your right arm raised above your head. A technician will place a small amount of gel on your skin and position a probe on the right upper part of your abdomen.

The probe sends painless sound waves into the liver to measure stiffness and fat. You may feel light tapping on the skin, but there is no pain, no needles, and no sedation.

*****IMPORTANT PREPARATION INSTRUCTIONS*****

PLEASE NOTE: Not following these instructions can prevent us from safely or accurately completing your test. Please follow all preparation steps carefully to avoid delays or rescheduling.

Day of Your Exam

*****DO NOT EAT OR DRINK FOR THREE (3) HOURS BEFORE YOUR TEST*****

Wear loose, comfortable clothing that allows access to your right upper abdomen

Take any diabetic and regular medications as usual unless told otherwise

After the Procedure

You may resume normal diet, activities, and medications immediately.

Questions?

Contact our office if you have questions before your appointment.